



THE Alchemist's JOURNAL

AKASHIC ALCHEMY





AKASHIC ALCHEMY

Dear Friend,

You are about to embark on a journey so extraordinary, life as you know it, will begin rapidly shifting toward your highest and best good.

As you uncover ancient memories of your 5th dimensional self, your day to day thoughts will change, triggering a molecular rearrangement in the holographic universe.

For the best results,

(1) set aside the same time each day over the next four days, to watch and fully participate with the astral travel experiences.

(2)complete your shopping list by day three

(3) create time for reflection in nature

If you're ready, hold this symbol to your heart, turn your awareness inward, and repeat "And so begins the invocation..."

In love and light,

Emily





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SHOPPING LIST

- *2 oz amber glass bottle with dropper lid
- *.5 oz amber glass bottle with dropper lid
- *Lemurian crystal (may substitute any crystal)
- *unetched (totally smooth) clear glass bowl
- *spring or filtered water (not distilled)
- *salt
- *brandy (small amount for preserving)

GEM ELIXIR RATIOS

Mother Bottle:/ 2 oz bottle

1 oz brandy

1 oz spring or distilled water

Stock Bottle/ .5oz bottle:

20% brandy

5-10 drops of Mother Essence

spring or filtered water to the top



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DAY 1 HOMEWORK (REQUIRED FOR CERTIFICATION)

NAME

DATE

EMAIL

Who am I?

Where am I from?

Why am I here?

How do I make the Wolrd a better place?



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DAY 2 HOMEWORK (REQUIRED FOR CERTIFICATION)

NAME

DATE

EMAIL

Serenity Portal Sketch



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DAY 3 HOMEWORK (REQUIRED FOR CERTIFICATION)

NAME

DATE

EMAIL

Crystal Sketch and Properties



DAY 1 NOTES

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DAY 2 NOTES

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DAY 3 NOTES

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DAY 4 NOTES

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